

ULTIMATE PACKING CHECKLIST FOR

Summer

in New England

A FREE Travel Resource from Your Friends at  ENJOYTRAVELLIFE.COM



FREE
Printable
Packing List
with "Must-Have"
Summer Gear!



Well, Hello Summer!

There's a reason people flock to New England during the summer season.

It's when the mountain landscapes and beach towns flourish under the bright summer sun.

Summertime in New England welcomes guests with blue skies and warm temperatures, making it the perfect spot for outdoor activities.

Summer is also a great time to get outside and enjoy New England's diverse offerings in nature.

From relaxing on the beach in Cape Cod to hiking through New Hampshire, or sleeping under the stars at a campground in Maine, New England has something exciting for everyone.

You'll find plenty of festivals and events held throughout the region in summer. They range from sandcastle competitions, jazz celebrations, and of course lobster- and clam chowder-themed festivities for food lovers.

Summer temperatures in New England can average from 70-85°F (21-32°C), but don't be surprised by some days that reach the mid 90s!

New England summers can be very hot and humid, so make sure to dress accordingly.

Those occasional heat waves are the best times to head for the breezy coast or head to the cooler northern states.

There, you will enjoy swimming and water sports anywhere along the New England coast.

Be sure to include some time to get out on the water, perhaps sailing in Newport or going on a whale watching tour from Boston or Provincetown.

Any time you're planning a trip to New England, it's important to dress in layers. Then, you have your own personal climate control. Don't forget outerwear for cool evenings at the beach and occasional rain storms.

To make it easier to plan your summer trip to New England, we've put together the following checklist to help you pack.



[CLICK HERE FOR MORE ARTICLES ABOUT VISITING NEW ENGLAND](#)

“ This was one of those perfect New England days in late summer... -SARAH ORNE JEWETT ”

TRAVEL PLANNING

Packing Checklist for Summer in New England

Write in quantities based on the number of overnights, then check them off as you pack.

Layers:

- T-Shirt/Tank Top
- Light Scarf/Shawl
- Dress/Skirt
- Light Sweatshirt
- Shorts
- Dress/Skirt
- Jeans/Capris
- Bathing Suit
- Beach Cover Up
- _____

Essentials:

- Face Mask
- Hand Sanitizer
- Disinfecting Wipes
- Lotion
- Chapstick
- Meds (if any)
- Toothbrush/Paste
- Soap
- Aloe Vera/Sunburn Cream
- Dental Floss
- Hair Brush/Comb
- Shampoo/Cond.
- Cotton Swabs
- Deoderant
- Shaving Kit
- Makeup
- Tweezers
- Underwear
- Bra
- Light/Cotton Pajamas

Outerwear:

- Windbreaker
- Waterproof Layer/
Lightwt. Raincoat
- Baseball Cap/Hat
- _____

Footwear:

- Sneakers
- Hiking Boots
- Waterproof Footwear
- Ankle Boots (dining)
- Sandles
- Flip-Flops
- Slippers

Outdoor Gear:

- Sunscreen
- Sunglasses
- Binoculars
- Water Bottle
- Snacks
- Ziplock Bag
- Flashlight
- Handheld Fan
- Beach Towel
- Umbrella
- _____

Notes: _____

Funding/ID:

- Wallet
- Identification
- Cash
- Credit/Debit Card
- EZ Pass (Tolls)
- _____

Technology:

- Phone/Charger(s)
- Camera & Lenses
- Camera Battery &
Charger
- Extra SD Card
- Laptop & Charger
- Tablet & Charger
- Converters
- _____

Leisure:

- Reading Book
- Notebook & Pen
- _____

Other:

- _____
- _____
- _____
- _____



TRAVEL LIFE

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Hi! I'm Jackie Gately from Enjoy Travel Life.



I'm a seasoned traveler writer and empty-nester embarking on new adventures. I love photography, travel blogging, gardening, and designing creative travel products over at Enjoy Travel Life.

Some of my favorite things include

- Going off the beaten path
- The beauty of my New England home in all seasons
- Enjoying local, wholesome flavors and regional drinks
- Chasing the sunset with my camera.

It's experiential learning at it's best, and I thrive on it.

I welcome you to follow my travels at enjoytravellife.com as well as on social media.

Feel free to email me with your feedback or travel questions at:

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I'd love to hear from you!

Warmly,
Jackie